

World Records by Age for 5 Mile distance

Mens		Womens	
Age	5 Mile	Age	5 Mile
5	00:35:12	5	00:34:31
6	00:32:19	6	00:33:19
7	00:30:02	7	00:31:56
8	00:28:13	8	00:30:44
9	00:26:44	9	00:29:41
10	00:25:31	10	00:28:46
11	00:24:31	11	00:27:58
12	00:23:42	12	00:27:16
13	00:23:02	13	00:26:38
14	00:22:30	14	00:26:06
15	00:22:05	15	00:25:38
16	00:21:46	16	00:25:13
17	00:21:30	17	00:24:48
18	00:21:20	18	00:24:28
19	00:21:19	19	00:24:16
20	00:21:19	20	00:24:12
21	00:21:19	21	00:24:12
22	00:21:19	22	00:24:12
23	00:21:19	23	00:24:12
24	00:21:19	24	00:24:12
25	00:21:19	25	00:24:12
26	00:21:19	26	00:24:12
27	00:21:19	27	00:24:12
28	00:21:19	28	00:24:12
29	00:21:19	29	00:24:12
30	00:21:20	30	00:24:12
31	00:21:21	31	00:24:12
32	00:21:23	32	00:24:13
33	00:21:26	33	00:24:15
34	00:21:30	34	00:24:18
35	00:21:35	35	00:24:22
36	00:21:41	36	00:24:27
37	00:21:48	37	00:24:32
38	00:21:56	38	00:24:38

Mens		Womens	
39	00:22:05	39	00:24:46
40	00:22:15	40	00:24:54
41	00:22:25	41	00:25:03
42	00:22:35	42	00:25:13
43	00:22:46	43	00:25:25
44	00:22:56	44	00:25:37
45	00:23:07	45	00:25:51
46	00:23:18	46	00:26:05
47	00:23:29	47	00:26:21
48	00:23:40	48	00:26:39
49	00:23:52	49	00:26:57
50	00:24:04	50	00:27:16
51	00:24:16	51	00:27:35
52	00:24:28	52	00:27:54
53	00:24:40	53	00:28:14
54	00:24:53	54	00:28:35
55	00:25:05	55	00:28:56
56	00:25:18	56	00:29:17
57	00:25:31	57	00:29:39
58	00:25:45	58	00:30:02
59	00:25:58	59	00:30:25
60	00:26:12	60	00:30:49
61	00:26:26	61	00:31:14
62	00:26:41	62	00:31:39
63	00:26:55	63	00:32:04
64	00:27:10	64	00:32:31
65	00:27:25	65	00:32:58
66	00:27:41	66	00:33:26
67	00:27:56	67	00:33:55
68	00:28:12	68	00:34:25
69	00:28:29	69	00:34:56
70	00:28:48	70	00:35:27
71	00:29:09	71	00:35:59
72	00:29:31	72	00:36:33
73	00:29:57	73	00:37:07
74	00:30:24	74	00:37:43
75	00:30:54	75	00:38:20

Mens		Womens	
76	00:31:27	76	00:38:57
77	00:32:02	77	00:39:37
78	00:32:42	78	00:40:17
79	00:33:25	79	00:41:01
80	00:34:11	80	00:41:50
81	00:35:03	81	00:42:45
82	00:35:59	82	00:43:47
83	00:37:01	83	00:44:57
84	00:38:09	84	00:46:16
85	00:39:25	85	00:47:44
86	00:40:48	86	00:49:25
87	00:42:21	87	00:51:19
88	00:44:05	88	00:53:28
89	00:46:02	89	00:55:56
90	00:48:14	90	00:58:47
91	00:50:43	91	01:02:04
92	00:53:34	92	01:05:55
93	00:56:51	93	01:10:30
94	01:00:41	94	01:15:56
95	01:05:11	95	01:22:36
96	01:10:34	96	01:30:48
97	01:17:06	97	01:41:15
98	01:25:12	98	01:54:55
99	01:35:25	99	02:13:33
100	01:48:52	100	02:40:22