

MENS 5K

AGE	WORLD RECORD	BRONZE INTER	BRONZE	SILVER	GOLD	DIAMOND
15y304d	0h 15m 10s	0h 30m 20s	0h 25m 17s	0h 21m 40s	0h 18m 58s	0h 16m 51s
16y198d	0h 13m 15s	0h 26m 30s	0h 22m 5s	0h 18m 56s	0h 16m 34s	0h 14m 43s
17y326d	0h 13m 14s	0h 26m 28s	0h 22m 3s	0h 18m 54s	0h 16m 33s	0h 14m 42s
18y179d	0h 13m 0s	0h 25m 59s	0h 21m 39s	0h 18m 34s	0h 16m 14s	0h 14m 26s
19y184d	0h 13m 0s	0h 25m 59s 200ms	0h 21m 39s	18m 33s 714ms	0h 16m 15s	0h 14m 26s
20y034d	0h 13m 15s	0h 26m 30s	0h 22m 5s	18m 55s 714ms	0h 16m 34s	0h 14m 43s
21y130d	0h 13m 11s	0h 26m 22s	0h 21m 58s	18m 50s	0h 16m 29s	0h 14m 39s
22y129d	0h 13m 11s	0h 26m 22s	0h 21m 58s	18m 50s	0h 16m 29s	0h 14m 39s
23y134d	0h 13m 20s	0h 26m 40s	0h 22m 13s	19m 2s 857ms	0h 16m 40s	0h 14m 49s
24y112d	0h 13m 10s	0h 26m 20s	0h 21m 57s	18m 48s 571ms	0h 16m 28s	0h 14m 38s
25y157d	0h 13m 11s	0h 26m 22s	0h 21m 58s	18m 50s	0h 16m 29s	0h 14m 39s
26y149d	0h 13m 14s	0h 26m 28s	0h 22m 3s	18m 54s 286ms	0h 16m 33s	0h 14m 42s
27y148d	0h 13m 14s	0h 26m 28s	0h 22m 3s	18m 54s 286ms	0h 16m 33s	0h 14m 42s
28y277d	0h 13m 16s	0h 26m 32s	0h 22m 7s	18m 57s 143ms	0h 16m 35s	0h 14m 44s
29y110d	0h 13m 22s	0h 26m 44s	0h 22m 17s	19m 5s 714ms	0h 16m 43s	0h 14m 51s
30y033d	0h 13m 27s	0h 26m 54s	0h 22m 25s	19m 12s 857ms	0h 16m 49s	0h 14m 57s
31y107d	0h 13m 20s	0h 26m 39s 800ms	0h 22m 13s	19m 2s 714ms	0h 16m 40s	0h 14m 49s
32y192d	0h 13m 26s	0h 26m 52s	0h 22m 23s	19m 11s 429ms	0h 16m 48s	0h 14m 56s
33y172d	0h 13m 30s	0h 27m	0h 22m 30s	19m 17s 143ms	0h 16m 53s	0h 15m 0s
34y141d	0h 13m 23s	0h 26m 46s	0h 22m 18s	19m 7s 143ms	0h 16m 44s	0h 14m 52s
35y017d	0h 13m 29s	0h 26m 58s	0h 22m 28s	19m 15s 714ms	0h 16m 51s	0h 14m 59s
36y072d	0h 13m 44s	0h 27m 28s	0h 22m 53s	19m 37s 143ms	0h 17m 10s	0h 15m 16s
37y256d	0h 13m 49s	0h 27m 38s	0h 23m 2s	19m 44s 286ms	0h 17m 16s	0h 15m 21s
38y161d	0h 13m 37s	0h 27m 14s	0h 22m 42s	19m 27s 143ms	0h 17m 1s	0h 15m 8s
39y282d	0h 13m 32s	0h 27m 4s	0h 22m 33s	19m 20s	0h 16m 55s	0h 15m 2s
40y107d	0h 13m 40s	0h 27m 20s	0h 22m 47s	19m 31s 429ms	0h 17m 5s	0h 15m 11s
41y113d	0h 13m 38s	0h 27m 16s	0h 22m 43s	19m 28s 571ms	0h 17m 3s	0h 15m 9s
42y010d	0h 13m 55s	0h 27m 50s	0h 23m 12s	19m 52s 857ms	0h 17m 24s	0h 15m 28s
43y022d	0h 14m 3s	0h 28m 5s 600ms	0h 23m 25s	20m 4s	0h 17m 33s	0h 15m 36s
44y357d	0h 14m 34s	0h 29m 8s	0h 24m 17s	20m 48s 571ms	0h 18m 13s	0h 16m 11s
45y198d	0h 14m 29s	0h 28m 58s	0h 24m 8s	20m 41s 429ms	0h 18m 6s	0h 16m 6s
46y292d	0h 14m 50s	0h 29m 40s	0h 24m 43s	21m 11s 429ms	0h 18m 33s	0h 16m 29s
47y290d	0h 14m 45s	0h 29m 30s	0h 24m 35s	21m 4s 286ms	0h 18m 26s	0h 16m 23s
48y084d	0h 14m 51s	0h 29m 42s	0h 24m 45s	21m 12s 857ms	0h 18m 34s	0h 16m 30s
49y140d	0h 14m 56s	0h 29m 52s	0h 24m 53s	21m 20s	0h 18m 40s	0h 16m 36s
50y145d	0h 15m 0s	0h 30m	0h 25m 0s	21m 25s 714ms	0h 18m 45s	0h 16m 40s
51y136d	0h 15m 16s	0h 30m 32s	0h 25m 27s	21m 48s 571ms	0h 19m 5s	0h 16m 58s

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52y125d	0h 15m 30s	0h 31m	0h 25m 50s	22m 8s 571ms	0h 19m 23s	0h 17m 13s
53y142d	0h 15m 10s	0h 30m 20s	0h 25m 17s	21m 40s	0h 18m 58s	0h 16m 51s
54y141d	0h 15m 15s	0h 30m 30s	0h 25m 25s	21m 47s 143ms	0h 19m 4s	0h 16m 57s
55y140d	0h 15m 31s	0h 31m 2s	0h 25m 52s	22m 10s	0h 19m 24s	0h 17m 14s
56y205d	0h 15m 57s	0h 31m 54s	0h 26m 35s	22m 47s 143ms	0h 19m 56s	0h 17m 43s
57y044d	0h 16m 22s	0h 32m 44s	0h 27m 17s	23m 22s 857ms	0h 20m 28s	0h 18m 11s
58y206d	0h 16m 43s	0h 33m 26s	0h 27m 52s	23m 52s 857ms	0h 20m 54s	0h 18m 34s
59y148d	0h 16m 38s	0h 33m 16s	0h 27m 43s	23m 45s 714ms	0h 20m 48s	0h 18m 29s
60y173d	0h 16m 8s	0h 32m 16s	0h 26m 53s	23m 2s 857ms	0h 20m 10s	0h 17m 56s
61y159d	0h 16m 6s	0h 32m 12s	0h 26m 50s	23m	0h 20m 8s	0h 17m 53s
62y081d	0h 16m 25s	0h 32m 50s	0h 27m 22s	23m 27s 143ms	0h 20m 31s	0h 18m 14s
63y115d	0h 16m 27s	0h 32m 54s	0h 27m 25s	23m 30s	0h 20m 34s	0h 18m 17s
64y361d	0h 17m 17s	0h 34m 34s	0h 28m 48s	24m 41s 429ms	0h 21m 36s	0h 19m 12s
65y177d	0h 17m 24s	0h 34m 48s	0h 29m 0s	24m 51s 429ms	0h 21m 45s	0h 19m 20s
66y176d	0h 17m 24s	0h 34m 48s	0h 29m 0s	24m 51s 429ms	0h 21m 45s	0h 19m 20s
67y182d	0h 17m 23s	0h 34m 46s	0h 28m 58s	24m 50s	0h 21m 44s	0h 19m 19s
68y181d	0h 17m 39s	0h 35m 18s	0h 29m 25s	25m 12s 857ms	0h 22m 4s	0h 19m 37s
69y138d	0h 17m 34s	0h 35m 8s	0h 29m 17s	25m 5s 714ms	0h 21m 58s	0h 19m 31s
70y306d	0h 19m 3s	0h 38m 6s	0h 31m 45s	27m 12s 857ms	0h 23m 49s	0h 21m 10s
71y227d	0h 19m 35s	0h 39m 10s	0h 32m 38s	27m 58s 571ms	0h 24m 29s	0h 21m 46s
72y176d	0h 18m 32s	0h 37m 4s	0h 30m 53s	26m 28s 571ms	0h 23m 10s	0h 20m 36s
73y132d	0h 18m 21s	0h 36m 42s 400ms	0h 30m 35s	26m 13s 143ms	0h 22m 57s	0h 20m 24s
74y131d	0h 19m 5s	0h 38m 10s 200ms	0h 31m 49s	27m 15s 857ms	0h 23m 51s	0h 21m 12s
75y130d	0h 18m 45s	0h 37m 30s	0h 31m 15s	26m 47s 143ms	0h 23m 26s	0h 20m 50s
76y067d	0h 21m 37s	0h 43m 14s	0h 36m 2s	30m 52s 857ms	0h 27m 1s	0h 24m 1s
77y025d	0h 20m 3s	0h 40m 6s	0h 33m 25s	28m 38s 571ms	0h 25m 4s	0h 22m 17s
78y065d	0h 22m 12s	0h 44m 24s	0h 37m 0s	31m 42s 857ms	0h 27m 45s	0h 24m 40s
79y063d	0h 22m 41s	0h 45m 22s	0h 37m 48s	32m 24s 286ms	0h 28m 21s	0h 25m 12s
80y263d	0h 22m 41s	0h 45m 22s	0h 37m 48s	32m 24s 286ms	0h 28m 21s	0h 25m 12s