

WOMENS 5K

AGE	WORLD RECORD	BRONZE INTER	BRONZE	SILVER	GOLD	DIAMOND
15y306d	0h 16m 14s	0h 32m 28s	0h 27m 3s	0h 23m 11s	0h 20m 18s	0h 18m 2s
16y310d	0h 15m 19s	0h 30m 38s	0h 25m 32s	0h 21m 53s	0h 19m 9s	0h 17m 1s
17y316d	0h 15m 0s	0h 30m	0h 25m 0s	0h 21m 26s	0h 18m 45s	0h 16m 40s
18y255d	0h 15m 5s	0h 30m 10s	0h 25m 8s	0h 21m 33s	0h 18m 51s	0h 16m 46s
19y306d	0h 14m 51s	0h 29m 42s	0h 24m 45s	21m 12s 857ms	0h 18m 34s	0h 16m 30s
20y028d	0h 14m 57s	0h 29m 54s 400ms	0h 24m 55s	21m 21s 714ms	0h 18m 42s	0h 16m 37s
21y068d	0h 15m 0s	0h 30m	0h 25m 0s	21m 25s 714ms	0h 18m 45s	0h 16m 40s
22y142d	0h 14m 46s	0h 29m 32s	0h 24m 37s	21m 5s 714ms	0h 18m 28s	0h 16m 24s
23y065d	0h 14m 54s	0h 29m 48s	0h 24m 50s	21m 17s 143ms	0h 18m 38s	0h 16m 33s
24y049d	0h 14m 48s	0h 29m 36s	0h 24m 40s	21m 8s 571ms	0h 18m 30s	0h 16m 27s
25y157d	0h 14m 55s	0h 29m 50s	0h 24m 52s	21m 18s 571ms	0h 18m 39s	0h 16m 34s
26y163d	0h 14m 53s	0h 29m 46s	0h 24m 48s	21m 15s 714ms	0h 18m 36s	0h 16m 32s
27y259d	0h 14m 57s	0h 29m 54s	0h 24m 55s	21m 21s 429ms	0h 18m 41s	0h 16m 37s
28y006d	0h 15m 10s	0h 30m 20s	0h 25m 17s	21m 40s	0h 18m 58s	0h 16m 51s
29y332d	0h 14m 47s	0h 29m 34s	0h 24m 38s	21m 7s 143ms	0h 18m 29s	0h 16m 26s
30y230d	0h 14m 50s	0h 29m 40s	0h 24m 43s	21m 11s 429ms	0h 18m 33s	0h 16m 29s
31y184d	0h 14m 52s	0h 29m 44s	0h 24m 47s	21m 14s 286ms	0h 18m 35s	0h 16m 31s
32y227d	0h 14m 55s	0h 29m 50s 200ms	0h 24m 52s	21m 18s 714ms	0h 18m 39s	0h 16m 35s
33y161d	0h 15m 15s	0h 30m 30s	0h 25m 25s	21m 47s 143ms	0h 19m 4s	0h 16m 57s
34y282d	0h 15m 6s	0h 30m 12s	0h 25m 10s	21m 34s 286ms	0h 18m 53s	0h 16m 47s
35y340d	0h 15m 24s	0h 30m 47s 600ms	0h 25m 40s	21m 59s 714ms	0h 19m 15s	0h 17m 6s
36y009d	0h 15m 29s	0h 30m 58s 800ms	0h 25m 49s	22m 7s 714ms	0h 19m 22s	0h 17m 13s
37y356d	0h 15m 30s	0h 31m	0h 25m 50s	22m 8s 571ms	0h 19m 23s	0h 17m 13s
38y133d	0h 15m 24s	0h 30m 48s	0h 25m 40s	22m	0h 19m 15s	0h 17m 7s
39y046d	0h 15m 40s	0h 31m 20s	0h 26m 7s	22m 22s 857ms	0h 19m 35s	0h 17m 24s
40y050d	0h 15m 47s	0h 31m 34s 200ms	0h 26m 19s	22m 33s 0ms	0h 19m 44s	0h 17m 32s
41y277d	0h 15m 53s	0h 31m 46s	0h 26m 28s	22m 41s 429ms	0h 19m 51s	0h 17m 39s
42y225d	0h 15m 48s	0h 31m 36s	0h 26m 20s	22m 34s 286ms	0h 19m 45s	0h 17m 33s
43y296d	0h 16m 25s	0h 32m 50s	0h 27m 22s	23m 27s 143ms	0h 20m 31s	0h 18m 14s
44y274d	0h 16m 1s	0h 32m 2s	0h 26m 42s	22m 52s 857ms	0h 20m 1s	0h 17m 48s
45y275d	0h 16m 20s	0h 32m 40s	0h 27m 13s	23m 20s	0h 20m 25s	0h 18m 9s
46y158d	0h 16m 34s	0h 33m 8s	0h 27m 37s	23m 40s	0h 20m 43s	0h 18m 24s
47y157d	0h 16m 17s	0h 32m 34s	0h 27m 8s	23m 15s 714ms	0h 20m 21s	0h 18m 6s
48y203d	0h 16m 14s	0h 32m 27s 400ms	0h 27m 3s	23m 11s 0ms	0h 20m 17s	0h 18m 2s
49y161d	0h 16m 28s	0h 32m 56s 600ms	0h 27m 27s	23m 31s 857ms	0h 20m 35s	0h 18m 18s
50y160d	0h 16m 39s	0h 33m 17s 600ms	0h 27m 45s	23m 46s 857ms	0h 20m 48s	0h 18m 30s
51y063d	0h 17m 13s	0h 34m 26s	0h 28m 42s	24m 35s 714ms	0h 21m 31s	0h 19m 8s

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52y006d	0h 17m 2s	0h 34m 4s	0h 28m 23s	24m 20s	0h 21m 18s	0h 18m 56s
53y126d	0h 17m 39s	0h 35m 17s 800ms	0h 29m 25s	25m 12s 714ms	0h 22m 4s	0h 19m 37s
54y284d	0h 17m 48s	0h 35m 36s	0h 29m 40s	25m 25s 714ms	0h 22m 15s	0h 19m 47s
55y005d	0h 17m 57s	0h 35m 54s	0h 29m 55s	25m 38s 571ms	0h 22m 26s	0h 19m 57s
56y064d	0h 17m 41s	0h 35m 22s	0h 29m 28s	25m 15s 714ms	0h 22m 6s	0h 19m 39s
57y005d	0h 18m 42s	0h 37m 24s	0h 31m 10s	26m 42s 857ms	0h 23m 23s	0h 20m 47s
58y038d	0h 18m 47s	0h 37m 33s 800ms	0h 31m 18s	26m 49s 857ms	0h 23m 29s	0h 20m 52s
59y030d	0h 18m 58s	0h 37m 56s	0h 31m 37s	27m 5s 714ms	0h 23m 43s	0h 21m 4s
60y002d	0h 19m 4s	0h 38m 8s	0h 31m 47s	27m 14s 286ms	0h 23m 50s	0h 21m 11s
61y095d	0h 19m 14s	0h 38m 27s	0h 32m 3s	27m 27s 857ms	0h 24m 2s	0h 21m 22s
62y006d	0h 19m 6s	0h 38m 12s	0h 31m 50s	27m 17s 143ms	0h 23m 53s	0h 21m 13s
63y359d	0h 20m 27s	0h 40m 54s	0h 34m 5s	29m 12s 857ms	0h 25m 34s	0h 22m 43s
64y023d	0h 19m 23s	0h 38m 46s	0h 32m 18s	27m 41s 429ms	0h 24m 14s	0h 21m 32s
65y002d	0h 19m 57s	0h 39m 54s	0h 33m 15s	28m 30s	0h 24m 56s	0h 22m 10s
66y321d	0h 20m 4s	0h 40m 8s	0h 33m 27s	28m 40s	0h 25m 5s	0h 22m 18s
67y103d	0h 20m 38s	0h 41m 16s	0h 34m 23s	29m 28s 571ms	0h 25m 48s	0h 22m 56s
68y093d	0h 19m 50s	0h 39m 40s 600ms	0h 33m 4s	28m 20s 429ms	0h 24m 48s	0h 22m 3s
69y060d	0h 21m 24s	0h 42m 48s	0h 35m 40s	30m 34s 286ms	0h 26m 45s	0h 23m 47s
70y140d	0h 22m 16s	0h 44m 31s	0h 37m 6s	31m 47s 857ms	0h 27m 49s	0h 24m 44s
71y139d	0h 22m 14s	0h 44m 28s 800ms	0h 37m 4s	31m 46s 286ms	0h 27m 48s	0h 24m 43s
72y342d	0h 24m 29s	0h 48m 58s	0h 40m 48s	34m 58s 571ms	0h 30m 36s	0h 27m 12s
73y136d	0h 22m 27s	0h 44m 54s	0h 37m 25s	32m 4s 286ms	0h 28m 4s	0h 24m 57s
74y059d	0h 24m 35s	0h 49m 10s	0h 40m 58s	35m 7s 143ms	0h 30m 44s	0h 27m 19s
75y326d	0h 23m 34s	0h 47m 8s	0h 39m 17s	33m 40s 0ms	0h 29m 28s	0h 26m 11s
76y018d	0h 26m 42s	0h 53m 24s	0h 44m 30s	38m 8s 571ms	0h 33m 23s	0h 29m 40s
77y323d	0h 24m 16s	0h 48m 32s	0h 40m 27s	34m 40s	0h 30m 20s	0h 26m 58s
78y085d	0h 24m 0s	0h 47m 59s 600ms	0h 40m 0s	34m 16s 857ms	0h 30m 0s	0h 26m 40s
79y328d	0h 25m 29s	0h 50m 58s 200ms	0h 42m 29s	36m 24s 429ms	0h 31m 51s	0h 28m 19s
80y082d	0h 25m 14s	0h 50m 28s	0h 42m 3s	36m 2s 857ms	0h 31m 33s	0h 28m 2s