

## **Norwich Road Runners Committee Meeting July 25th 2017**

**Present:** Gary Cooper (chairman), Mark Betts, Nicky Dowson, Paul Dowson, Kathy Easter, Beryl Knowles, James McFarlane, Mick Powell, Tina Moseley, Steve Moseley, Neil Walpole, (Coaches) Alma Simmonds, Elies Mann (Juniors) Sarah-Jayne Lumley (Deputy Welfare Officer)

**Apologies:** Rachel Miller

### **Coaches**

2 coaches have had the first of the two-day Coaching Leadership Course.

Neil and Steve have Day 4 of their course in September.

With good numbers of people attending sessions (90 on 25.7.17) Neil and Steve are working to ensure that at least two coaches are at each session. This means that new coaches can work with more experienced ones which works well for all.

There was some discussion about people embarking on training courses and then not continuing to work with the club, confirming the need for existing coaches to discuss the commitment required before new people undertake courses.

Feedback on coaching sessions is welcomed – the strong feeling is that the quality of coaching is improving as evidenced by efforts and results. Members have asked whether the successful track sessions at UEA will be repeated – Steve was asked to bring a costed proposal back to the next meeting.

The committee agreed that they will fund the coaching course for an existing coach – he is working with Juniors so this is a worthwhile investment.

Neil and Steve left the meeting.

### **Juniors**

The vast majority of coaches have signed and returned the return slips from the Safeguarding Policy.

There are some outstanding issues regarding one of the coaches which Gary will resolve.

It was agreed that a letter be sent to Junior parents advising them of the policy and how to access a copy and also to remind them of the club's position on out of club coaching.

Alma reported that the Juniors had had a great day at Ekiden and their performance and conduct was excellent.

Elies will look at costs etc. involved in entering Juniors into other out of county races.

Alma and Elies left the meeting.

### **ANRRC Meeting**

Nicky and Tina attended on 12.7.17. Feedback from the meeting included the following points;

Broadland Half date confirmed as March 4<sup>th</sup>, Wroxham 5k dates were agreed. Concerns were raised at this meeting that St John's Ambulance people had not been as effective as they could have been – incidents were raised from other clubs' events. A group called Med PTS were suggested as a possible replacement.

Mick will find some information about this organisation and bring this to our next meeting.

### **Future Events**

Wroxham 5k series will keep the entry level at 750. Further discussion to take place regarding finer points of organisation. The dates have been provisionally booked with Broadland High School but we are mindful that they are planning major building work next summer. We also need to clarify the High School's concerns over use of the kitchen with Social Committee.

Broadland Half will be priced at £25 attached and £27 unattached. This will include a T-shirt and medal.

### **Visit to Thorpe**

Committee members who had visited felt that we should continue our enquiries, as the facilities are good. Further discussion will take place once the final costs are available. We have had no recent correspondence with Sewell Park regarding their charging policy so we need to get these figures together to be able to make an informed decision. James and Kathy are getting information together.

### **RNR**

Some teams have got sponsorship. All teams will have 'team personalised' hoodies/zips.

### **AOB**

Kathy will follow up on the payments to the designated charities from the recent Broadland Half and Wroxham Races

A request had been made to order new flags and gazebos – Nicky will organise this.

The meeting closed at 10.05.