



Norwich Road Runners Committee Meeting minutes

Tuesday 24th April 2018

1. Present: Gary Cooper (chairman), Glyn Manton, Mark Betts, Nicky Dowson, Paul Dowson, Kathy Easter, Beryl Knowles, Mick Powell, Tina Moseley, Steve Moseley, (Coaches) Alma Simmonds, Jodie Causer

2. Apologies – Chris Harrison.

3. Confirmation of meeting minutes from 27/3/2018-minutes had been read and accepted

4. Social Committee update

No one present from social com. General discussion from committee. about how we can support this function of club/increase quantity of helpers

5. Coaches update

New coaches on rota (until end of June). Paul Evans first session May/June and July.

Thursday night still a challenge to have everyone accounted for on three different routes. 60+ on a Thursday. Less than 10% though are new/unexperienced. Steve is looking at time trial to consider safety issues, maybe an alternative, safer route.

6. Membership report

340 have renewed adults and Juniors (300+ adults)

7. Junior update

Starting this week, target all 3 Jolly Jags races (Fun run 2k). Starting transition program this week- Neil taking out before 7pm-8 juniors 15/16yrs. Elise has completed level 2, focus on speed and will mix up sessions with endurance. Teams in process of being organised for Ekiden. 50- paid up for new year. 70-75 cap on members. Then run a waiting list. (as per last year.)

8. Proposal – Limit club to 400 members

General discussion about capping club to ensure we can offer all members a good experience in terms of coaching, health and safety, facilities at Sewell Park including parking. Discussion about whether the peak may have occurred, but general recognition that attendees on Monday and Thursday are double to where we were 2 years ago. No decision made but committee to consider points raised again and consider solutions to points raised.



9. New Committee members

General discussion about getting more members onto committee. Priority at present was agreed to be race help.

10. Club Communications report (Chris reported by email)

Enquiries for new people is a little quieter than it has been, Broadland transfers have reduced, I will send Tina a document with the ones we have so far in the next few weeks.

- Had a number of enquiries about individual races for Wroxham, now this is open it has reduced.

- Email received from the winner of last year's Broadland half asking if we would consider letting them enter for the revised race date?

(Thoughts please)

11. Club photo 2018

7th June-Gary will ask Baz. Juniors to be invited

Since meeting, Gary has confirmed with Baz-Chris to put a save the date on club email

12. Club race report

Proposal made by committee to reduce impact of one person on race organising and have a race organising committee/group to help organise the races with members from wider NRR members-

Since meeting, Mark has provided list of emails to Chris to create an email message (GDPR compliant!) to request help from members about this, also joining main committee and social committee.

Wroxham-In progress. Mick passed on permits

Since meeting, changes in head Marshall. Jodie working with Tina to help, Beryl and Glyn assisting with Marshall coordinating (Glyn race 1). Tina has paid for Facebook to boost link. Jodie has put a shout out for marshals. Gary has spoken to Social Com about tea and coffee

Broadland

*No discussion apart from transfers*Other races



Ekiden-secured 10 senior and 8 junior- List is on wall

RNR-2 teams secure (ladies/masters to defend titles)

Gary to request for 2 more teams - club and open. Race limited from 62 to 55 so all clubs will have less teams.

Decision will need to be made next meeting

13. Expenditure report

Presented – income not yet received for Wroxham which would increase club current bank balance

Norwich Road Runners Sewell Park College Sports Centre St Clements Hill Norwich NR3 4BX	
Tuesday 24 th April 2018	
APRIL SPEND 2018	
Myriad UK Ltd – NRR hoodies	1608.00
England Athletics- affiliation fees	4390.00
SEAA – annual fees	20.00
Membermojo – membership site	120.00
Scimitar Sports UK Ltd	774.00
Round Norfolk Relay – 2 teams	500.00
T-Print Ltd – T-shirts Wroxham 5K	856.00
MBS Awards trophies Wroxham 5K	6947.99
Kathleen Easter Treasurer	

14. GDPR (Glyn)

Glyn has been working with UKA and another sports club to come up with a policy/list of things that need to be done by the end of May. Letter to go to members through email. Individual Com. members to be emailed about one or two things that need to be done to be fully compliant, e.g. destroying old paper records. Glyn to coordinate.

15. Membership questions

A) – providing marshals v running –clarification

Marshals must be adult 16 plus-do not need to be a member

B) -Family membership request-*Offer staggered payments but not discounts.*



16. Sponsorship of runner (communication from Penny) *Full details not available so to be*

discussed again

17. First aid courses

Glyn to investigate costs with supplier for Eagle canoe club

18. - Race trip 2019, (Chris by email) made some enquiries to try and go a little further afield by way of flying to Lisbon, costs are quite high so now revising thoughts with something a little closer to home (Reims and Edinburgh are on the radar)

Since meeting Chris has been working on this and posted the following to members

Club Trip 2019

Hi everyone, whilst over the last few years the club in varying numbers has attended many races locally and much further afield, we have not had an 'official' club trip since 2015.

After some committee discussions I am happy to say we are now planning for one in 2019!

Much of the early work has been to look for a suitable event that caters for a number of distances as well as the travelling aspect too.

The event chosen is the Edinburgh Marathon Festival weekend. This offers a Marathon, Half, 10k & 5K. No formal date for 2019 has been announced yet but you can expect it to be towards the end of May.

The initial itinerary would be roughly the following:

Friday - Leave Norwich (Club) around 07:30am to travel by coach to Edinburgh, lunch and regular stops involved.

Saturday - Day to yourself, visit Expo / collect number as necessary (The 10k and 5K are taking place on Saturday this year).

Sunday - Race day for the Half and the Full events.

Monday - Return to Norwich.

Entry to the race(s) would be your responsibility - Organisation of travel and accommodation is what is being provided.

We would be needing around 45-50 people to make this happen, costs are not yet fully firmed up but for now getting an idea of interest is what we need

19. AOB

Proposal to give membership awards. To discuss again, Com. thought good idea, to present at AGM

David Thomas – presented walk and talk. *Getting people to exercise and talk at same time, in follow up to what Neil does. Committee happy to come back with proposal looking to get a group together on a Thursday.*

Glyn has messaged David to thank for attending. David to put proposal to coaches/Com



As mentioned, general message to go out to ask for help from members- Glyn to request help this

Monday – Gary to attend club w/c 30/4 to ask for help in club notices at start of evening

Agree next meeting –

28th May 2018