

Norwich Road Runners Committee Meeting January 31st 2017

Present: Gary Cooper (chairman), Mark Betts, Nicky Dowson, Paul Dowson, Kathy Easter, Nick Gurney, Stacey Harper, Beryl Knowles, Rachel Miller, Mick Powell, James McFarlane

Absent ; Baz Hipwell

Coaches Update - Steve Moseley

- Sessions on Tuesdays/Thursdays were better organised and attendance is increasing. Track sessions (2 have taken place) have been well attended, positive and supportive. Feedback to the coaches indicates that people like to see routine' and progression. Three remaining sessions have already been planned.
- Race results have been good, levels of competition have been raised – these are the areas the coaches were asked to address and they are seeing things moving forward.
- There has been some isolated negativity but that has been dealt with.
- Steve suggested that Sewell Park personnel take on responsibility for looking after the lights rather than a club member. Paul Dowson will make enquiries about this.
- Future plans – Steve and Neil will be asking members for what they would like after the track sessions end - possible marathon preparation with a longer run on Thursdays.
- We need to increase the number and experience of our pool of coaches and there are people interested in going on to the next level of coaching.

Junior update – Alma Simmonds

- We now have an application form for volunteers to complete, ensuring we have contact details, basic information, references and if appropriate DBS. Two parents have already been through this process with others interested.
- Current attendance – 35 children on Thursdays, 15-20 on Saturdays.
- Concerns with junior coaches and safeguarding were raised, and the position that failing to follow essential, recommended and best practice, puts the club, coaches and members in. Gary Cooper and Beryl Knowles to discuss in person with affected coaches.
- All committee members were supportive of the Junior club and the work that Alma was doing.

Social Committee Update – Caroline Allen

- Membership of the social committee is now as follows Caroline, Steve and Victoria Utting, Kate Moore, Jane Stafford
- At their meeting next week, the committee will put together a calendar of events to fit round race meetings. Ideas include – Easter Fun Run with a hog roast, boat trip on Mississippi Steamer, a beach party, going to a different park run each month.
- Caroline is looking at venues for Christmas party.

Membership - Mark Betts

- Current membership stands at nearly 400 seniors, 65-70 Juniors.
- Nick Gurney talked about a new online membership system which would make collecting membership payments much easier. Committee agreed that we should trial this 60 days.

Treasurer's Report – Kathy Easter

- See record of expenditure for December /January
- Committee decided to refund any £10 payments for Parliament Hills trip Stacey Harper agreed to action this.
- Kathy concerned that the payment to Sewell Park had increased from £200 a quarter to £200 a month – she will write to clarify this.

Race Update

- Broadland Half - fundraising for Big C. Nick has confirmed Chip Timing, all other things in hand.
- Gary suggested that the Social Committee take on responsibility for tea/coffee/cake leaving Elies free to concentrate on the children's race. If this works, same to apply at Wroxham series.
- Horsford - all is in hand for the third race this weekend.
- Wroxham Series – permit application is in . Nick would like to raise the price for the series from £22 to £24. Individual race cost to be disclosed at next meeting.

Round Norfolk Relay

- Stacey reported that a team has asked belatedly for hoodies – committee decide that it was too late to do this.

- It was suggested that for 2017, there should be an ‘A team’, ladies team, a club draw team and a vets team. Captains need to work together to make selections with support for the coaches.
- Rachel Miller is making a short film about the club and RNR which will inform and may encourage newer members to take part.

Club Kit

- We are waiting to see suggestions from our designer. We would like to include gazebos, flags etc. in a more ‘corporate’ brand

AOB - Committee Vacancies

- Nick will become Vice Chairman and Rachel take over as Communication Officer.
- Reims trip has been cancelled.

Next meeting will be on February 21st at 8pm

Expenditure for December /January

Medals for All-trophies for runner of the year awards	236.22
SEAA-XC Champs Southern	175.00
Assembly House – Xmas party table decorations etc	204.00
Ridgeway textiles – kit	270.40
BARR – membership fees 2017	27.00
Sewell Park – hall hire, Nov and Dec	400.00
Medals for All-runner of the year	93.90
WR Event Ltd, Chiptiming for Broadland	300.00
Sewell Park – Junior hall hire	75.00
City of London- car park fee XC Parliament Hills	30.00
Spratts Coach – Parliament Hills	595.00
Sports Park track sessions	350.00
Medals for All – Broadland Half trophies	541.08
ECCA – parking pass for Nottingham XC	10.00
Total	£3307.60