

Norwich Road Runners Committee Meeting November 14th, 2017

Present: Gary Cooper (Chairman), Nicky Dowson, Paul Dowson, Kathy Easter, Chris Harrison, Mark Betts, James McFarlane, Tina Moseley, Mick Powell, Alma Simmons, Neil Walpole (Coach), Steve Moseley (Coach), Victoria Utting (Social Committee)

Apologies: Beryl Knowles

Coaches update:

Steve and Neil reported that the first 3 track sessions have been well received with large numbers of club members attending.

Luke and Alan are currently going through their coaching course, which will give the club more qualified coaches on the team.

It was brought to the attention of the committee that Thursday nights sessions may need a more structured approach as we have large numbers of runners attending – one idea was to ask club members to lead groups of runners, this could be done on by rota to ensure that everyone got the opportunity to run at the pace they want to, and we are not reliant on a very small handful of people taking the lead. This needs more thought and discussion.

Social Committee update:

Christmas party organisation is underway, and this has taken up a considerable amount of organising for Caroline Allen, Victoria and Steve Utting. There is a social fun run organised for Thursday 21st December, with the hall being booked for a social with food afterwards.

The social committee could do with some raffle prizes for the Christmas party.

Membership update:

450 members as of today. The cost of membership was discussed as the cost of accreditation has increased again, the cost was absorbed last year but this plus the increased cost in facilities the committee agreed that next year there should be a small increase to absorb these increases. Adults £35 per year with Juniors unchanged at £30 per year. If we have a new member join in January their membership will run until April 2019, the cost for this is £40.

Juniors – Currently at 73, however we are losing 3 to CONAC. The juniors club continues to grow and thrive with some running on Sunday at Catton Park funding raising relay race.

Races:

The NRR race series is the Horsford XC, first race is Sunday 26th November. There is a sheet up on the board for marshals, Chris to give a shout for marshals on Thursday.

Broadland half marathon is almost with 404 places sold by close of play today. James has agreed to organise the marshals for the event.

AGM:

Tina has put together a presentation deck for the night and Ally has agreed to speak on behalf of the juniors, Steve and Neil on behalf of the Coaches and Caroline and Victoria on behalf of the Social Team. Chris Harrison to facilitate on the night.

The hall has been booked along with presentation facilities, we will require a laptop on the night.

Paul to organise the buffet for 100 people based on the numbers that attended the AGM last year.

Club Awards:

There has been a discussion on Facebook regarding the post by Mark asking club members to vote for club runner awards 2017. Due to the size of the club it has been difficult for members to know who to vote for. However, Mark has received some nominations already so we put these into categories to publish on Facebook to help guide club members on the categories. Chris to add the post to Facebook on Wednesday.

Club Standards:

Chris and James presented a different fairer way to calculate club standards, based on the aged grading system used by Parkrun and Runners World. This way will enable runners to measure their race time against the current world holder in their age group using a calculation. The committee agreed to trial this for 12 months. Chris to develop a calculator to put on the website for runners to use. Announcement to be made at the AGM.

AOB:

Due to the size of the club it was agreed that we put out a shout for new committee members, social committee members and help with the juniors.

The next meeting will be the AGM on November 28th 2017 – at Sewell Park

October spending:

J. Eagle - RNR expenses £172

P. Sullivan -RNR expenses £139

A. Miller - RNR expenses £75

S. Harper - RNR expenses £94

W. R. Events -chip timing Broadland half 2018 £360

East Anglian XC league fees£45

Broadland High School- hall hire Wroxham 5K 2018 £378

Spratts Coach Ltd - St Neots XC bus hire £525

Ridgeway Textiles Ltd - kit £722

England Athletics - affiliations fees £350

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